






Temple Elementary School Breakfast Menu

NOVEMBER
2021



Menu Subject to Change

My Plate.gov. Internet
http://www.myplate.gov
Attention Parents and Teachers
Breakfast is the most important meal of the day
and provides the necessary energy to start a day
of learning and achievement. Children who eat
breakfast at school:
*Score better in standardized tests
*Have fewer health issues
*Behave better in class

	Monday	Tuesday	Wednesday	Thursday	Friday
2	<p>1</p> <p>Muffin with Toast</p> <p>-----</p> <p>100% Juice</p> <p>Fresh or Prepared Fruit</p> <p>-----</p> <p>Milk</p>	<p>2</p> <p>Cinnamon Bar</p> <p>-----</p> <p>100% Juice</p> <p>Fresh or Prepared Fruit</p> <p>-----</p> <p>Milk</p>	<p>3</p> <p>Donut</p> <p>-----</p> <p>100% Juice</p> <p>Fresh or Prepared Fruit</p> <p>-----</p> <p>Milk</p>	<p>4</p> <p>Cinnamon Roll</p> <p>-----</p> <p>100% Juice</p> <p>Fresh or Prepared Fruit</p> <p>-----</p> <p>Milk</p>	<p>5</p> <p>Pancakes</p> <p>-----</p> <p>100% Juice</p> <p>Fresh or Prepared Fruit</p> <p>-----</p> <p>Milk</p>
1	<p>8</p> <p>Cinii mini</p> <p>-----</p> <p>100% Juice</p> <p>Fresh or Prepared Fruit</p> <p>-----</p> <p>Milk</p>	<p>9</p> <p>Waffles</p> <p>-----</p> <p>100% Juice</p> <p>Fresh or Prepared Fruit</p> <p>-----</p> <p>Milk</p>	<p>10</p> <p>Donut</p> <p>-----</p> <p>100% Juice</p> <p>Fresh or Prepared Fruit</p> <p>-----</p> <p>Milk</p>	<p>11</p> <p> Veteran's Day</p>	<p>12</p> <p>French Toast</p> <p>-----</p> <p>100% Juice</p> <p>Fresh or Prepared Fruit</p> <p>-----</p> <p>Milk</p>
2	<p>15</p> <p>Muffin with Toast</p> <p>-----</p> <p>100% Juice</p> <p>Fresh or Prepared Fruit</p> <p>-----</p> <p>Milk</p>	<p>16</p> <p>Cinnamon Bar</p> <p>-----</p> <p>100% Juice</p> <p>Fresh or Prepared Fruit</p> <p>-----</p> <p>Milk</p>	<p>17</p> <p>Donut</p> <p>-----</p> <p>100% Juice</p> <p>Fresh or Prepared Fruit</p> <p>-----</p> <p>Milk</p>	<p>18</p> <p>Cinnamon Roll</p> <p>-----</p> <p>100% Juice</p> <p>Fresh or Prepared Fruit</p> <p>-----</p> <p>Milk</p>	<p>19</p> <p>Pancakes</p> <p>-----</p> <p>100% Juice</p> <p>Fresh or Prepared Fruit</p> <p>-----</p> <p>Milk</p>
1	<p>22</p> <p>Cinii mini</p> <p>-----</p> <p>100% Juice</p> <p>Fresh or Prepared Fruit</p> <p>-----</p> <p>Milk</p>	<p>23</p> <p>Waffles</p> <p>-----</p> <p>100% Juice</p> <p>Fresh or Prepared Fruit</p> <p>-----</p> <p>Milk</p>	<p>24</p> <p><i>Be Thankful!</i></p> <p></p>	<p>25</p> <p>Happy Thanksgiving</p> <p></p>	<p>26</p> <p></p>
2	<p>29</p> <p>Muffin with Toast</p> <p>-----</p> <p>100% Juice</p> <p>Fresh or Prepared Fruit</p> <p>-----</p> <p>Milk</p>	<p>30</p> <p>Cinnamon Bar</p> <p>-----</p> <p>100% Juice</p> <p>Fresh or Prepared Fruit</p> <p>-----</p> <p>Milk</p>	<p></p>		<p>Students that qualify for free or reduced lunches also qualify for free or reduced breakfast</p>

Offered Daily With all School Breakfasts:
Breakfast price 1.30
Fresh or prepared fruits

Non or Low Fat White or Non Fat Chocolate Milk Available Daily

We serve the following items

Daily

choose 1
Cereal w/Toast
Yogurt w/Giant Goldfish

100% Juice, Fresh or prepared fruit

Non or Low Fat Milk

Students may choose one item from each section

Must take at least 3

Choose one

Choose one

Choose one

This institution is an equal opportunity Provider and Employer